May 13, 2024

Eppler Express



Monday, May 13	Thursday, May 16
• Chess Club Room 19, 2:15—3:15	 Vocal Music Concert UHS Auditori- um 7:00 pm 7th Grade Track vs Malow (Eisenhower Track) 4:00 pm
Tuesday, May 14	Friday, May 17
 8th Grade Track vs Malow (Eisenhower Track) 4:00 pm 	 Freshmen Farewell 5:30 - 8:30 pm @ Shelby Gardens
Wednesday, May 15	Saturday, May 18
 ESAB Meeting Room 136 2:25 – 3:25 pm AP World History: Modern 	• None.
Testing Media Center 8:00 – 11:31 am	Sunday, May 19
 AP Computer Science Principles Testing Media Center 12:00 – 2:11 pm AVID Kickball Event Outside 6th 	• None.
Hour	

Eppler Chieftain Code of Conduct

Chieftains are...

Respectful

Responsible

Reasonable



What's Inside:

What's Happening this Week at Eppler Upcoming Activities

Additional Information:

- <u>School News & Information</u>
- Sports Information
- <u>Clubs & Organizations</u>
- District News
- Educational Camps/Enrichment /

Activities/Community Ed

- In Case You Missed It
- Power School / Naviance
- <u>Reward Programs</u>

Important Websites and Resources:

- <u>Counseling Information</u>
- UHS Athletics Boosters
- Eppler Website
- Eppler Express
- PaySchools
- <u>Student Handbook</u>
 - UCS District Website
 - <u>Report Bullying</u>
 - <u>PowerSchool Portal / Infor-</u> mation

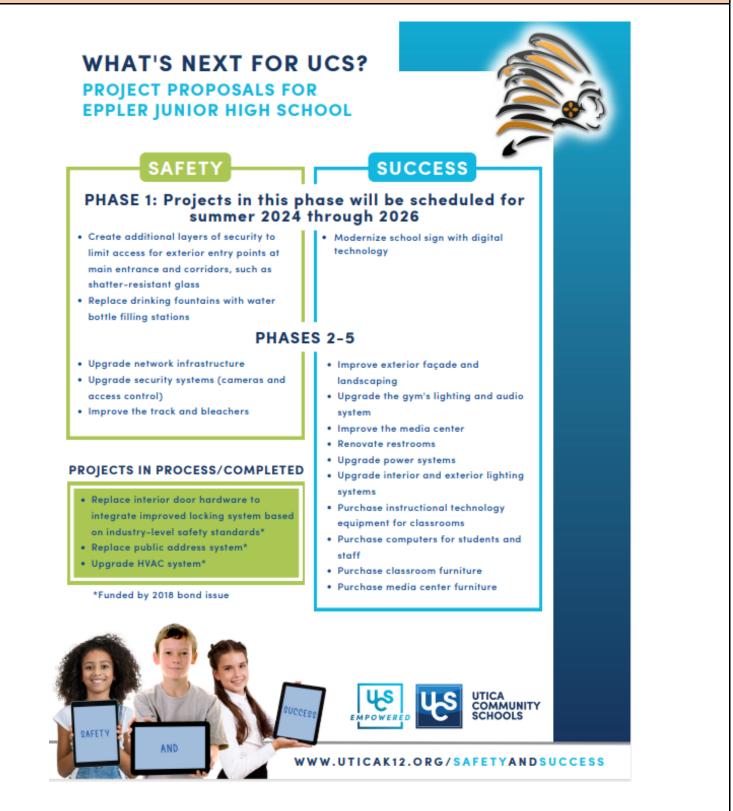
School News & Information

Vision and Mission Statements

Our Vision Statement: Eppler Junior High School, in partnership with our community, will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: The Eppler community will collaborate to foster a safe, respectful, and inclusive learning environment that will inspire growth, excellence, and achievement.

Project Proposals for Eppler



A note from the Principal

Good afternoon, Eppler Parents and Guardians!!

I hope that you and your families are all doing well as we are approaching the finish line to a great school year! I have been asked by members of the Eppler Parent Involvement Committee (EPIC) to share with you plans for Staff Appreciation Month here at Eppler. A staff luncheon is planned for Wednesday, May 22. Also (BIG applause here!), the group has determined they will bless the school with the purchase of a poster maker! This purchase is in lieu of the gift cards each member of the staff has so gratefully received for Staff Appreciation over the past several years, and we are incredibly thankful for a gift that can benefit the entire school ... staff and students alike!

If you would like to be a part of the luncheon or wonderfully generous gift, please click on the following Sign-Up Genius link ... <u>https://bit.ly/epplerstaffappreciation2024</u> or the QR code below.

The entire staff at Eppler are so very thankful for your show of appreciation and want you to know that we deeply appreciate you for entrusting your children to us! Something we never take for granted is partnering with you in the education of your children!! Be well!

Jerry





Each month staff members nominate kids they catch doing random acts of kindness. These are students who are not being asked to do anything, they just graciously do it out of the goodness of their hearts. Then once a month the counselors go into the class-rooms and reward these students for their kind gesture.

February

Madison Eichmann, Sophia Zdravkoski, Kylee Backus, Nicholas Johnson, Remy Keyes, Addisen Deruiter, Elizabeth Azou, Maria Martinez-Gonzalez Mudura, Anthony Shaw, JaShon Little, Evelyn Urban, Loriano Mio, Cole Bazzo, Kayan Patel, Jaxson Readett, Elena Bird Bazan, Sophia Mitchell, Nicholas Johnson, Farah Hami, Stella Urguhart

<u>March</u>

Jack Kline, Gavin Camp, Makayla Kashat, Makalya Pulford, Derrick McKinney, Andrew Frohriep, Aaron Eiberger, Austin Manni

<u>April</u> Leon Gross, Presley Orlowski, Jaden Junkin, Brooke Maffetone, Audrey Hinton

Thank you to all of the nominees and keep up the kindness

Tape Mr. Pantano to the Wall!!!

Attention all students: Next week starting on May 13th, Student Council will be selling tickets during lunches for our last event of this school year!

You will have the opportunity to purchase pieces of tape that you will be able to use to help Tape the Principal to the Wall. Tape will be sold for \$1.00 per foot. You will get your tape at the assembly. Friday May 17th will be the last day to purchase tickets for tape.

The assembly and taping of Mr. Pantano to the Wall will take place during 6th hour on Tuesday May 21st! Look for more information posted in the hallways or talk to a student council member or Ms. Berg or Ms. McConachie if you have questions!

NWEA Student Progress Reports

NWEA Student Progress Reports are only available when accessing your Parent PowerSchool account in a web browser, such as, Google Chrome, Windows Edge, or Safari (desktop or mobile). Report Cards are not available in the Parent PowerSchool App.

1. To view your student(s) report, access the Parent PowerSchool account website:

<u>https://ps.ucs.misd.net/public/home.html</u> login using your username and password. Please Note: The login credentials for the webbrowser account are the same as the mobile app account.

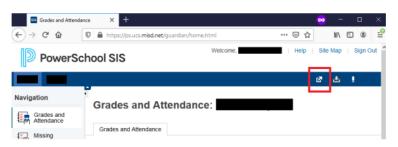
If you forgot your username or password, click on Forgot Username or Password? to retrieve your login credentials.

Create Account				
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lick the button to sig	n in. You will be red	recies to the St		nt Sign In
	Fi	Forgot Username or	Forgot Username or Password?	Forgot Usemame or Password?

2. If you do not have a Parent PowerSchool account, click on the link below to access the directions for creating an account.

PowerSchool / Creating a PowerSchool Account (uticak12.org)

3. If you do not have a Parent PowerSchool account, click on the link below to access the directions for creating an account.



4. The Applications drawer will appear on the right. Click the blue NWEA Test Reports link to access your student(s) report card. For multiple

students, the file will contain a report card for each student.

-								
Grades and Attenda	ince × +				-		٥	×
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PowerSo	chool SIS	Applications					C	llose
IU		Applications	Description					
		District Report Card	District Report Card					
Navigation	1	Forms	Your available forms.					
Grades and Attendance	Grades and Attend	Log in to Family Connection	Log in to Family Conne	ection				
Missing Assignments	Grades and Attendance	NWEA Test Reports	NWEA Test Reports					

5. The PDF file will be downloaded to your computer at this time. Check your downloads folder for the file. Open this file to review your student(s) report card

Parent Access for Schoology

Parents/Guardians,

Did you know that you can have a parent account for your child's Schoology classes? You can access each of their classes, as well as the counseling department's Schoology page. The counseling page has many resources ranging from support groups and therapy to community resources for help with everyday problems. If you would like access to your child's Schoology account (this is different than PowerSchool), you can contact the main office at 586-797-2900 to request your child's 12-digit-code and instructions.

PARENT ACCESS DIRECTIONS FOR SCHOOLOGY

- 1. Go to www.schoology.com.
- Click Sign Up at the top of the page and choose Parent.
- 3. Enter your Parent Access Code. This is the 12-digit code in xxxx-xxxx format
- 4. To receive the 12-digit code, please contact the Main Office
- 5. Fill out the form with your information.
- 6. Click Register to complete.

When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

If your Parent Access Code does not allow you to register, or if the code does not have 12 digits, please contact techsupport@uticak12.org.

Life Skills Accepting Donations

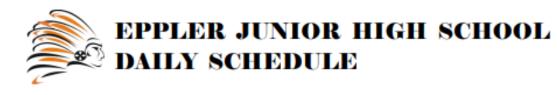
Mrs. Blanchard needs your help!! Every year the students love to cook, cook, cook, and I believe this is a wonderful experience for them. Not only are they learning basic cooking skills, they are also having a ton of fun. Unfortunately feeding 100 students can be rather expensive. Any donations from the list below would be greatly appreciated. You can drop them off to the main office, or have your student bring them to room 122. Thank you in advance for any and all help.

Below are the most commonly used items in our class:

Sugar (white or brown)	Marshmallows (large and mini)
Rice Krispy cereal, Flour Soft Tortillas	Non-stick cooking spray
Butter, Salsa	Flour, Ketch-up, BBQ Sauce, Ranch
Cake Mixes, Syrup	Brownie Mixes, Frozen Strawberries
Frosting, Bread Crumbs	Spaghetti Sauce
Pizza Sauce, Wheat Germ	Chocolate Chips (white, dark, milk, cinnamon, etc.)
Bisquick, Lasagna Noodles	Powdered Sugar
ANY disinfectant cleaners for kitchens without bleach	Aluminum Foil
Vegetable/Canola oil	Sandwich and gallon baggies
Paper Plates or cups or silverware	Kleenex, Cupcake Liners
Dish Soap, Antibacterial Wipes	Hand soap

Other food items may need to be brought in over the semester if they chose to do a lab not assigned by me. Thank you in advance for your support.

-Mrs. Blanchard



1 st HOUR	7:20 a.m. – 8:17 a.m.
2 ND HOUR	8:23 a.m. – 9:20 a.m.
3 RD HOUR	9:26 a.m. – 10:23 a.m.
4 [™] HOUR	10:29 a.m. – 12:08 p.m.

A Lunch	Lunch 10:29 a.m. – 11:00 a.m.
	Class 11:06 a.m. – 12:08 p.m.
B Lunch	Class 10:29 a.m. – 11:00 a.m.
	Lunch 11:06 a.m. – 11:31 a.m.
	Class 11:37 a.m. – 12:08 p.m.
C Lunch	Class 10:29 a.m. – 11:31 a.m.
	Lunch 11:37 a.m. – 12:08 p.m.

5 [™] HOUR	12:14 p.m. – 1:10 p.m.
6™ HOUR	1:16 p.m. – 2:11 p.m.

EXAM DAY SCHEDULE

1 ST EXAM	7:20 a.m. – 8:48 a.m
2 ND EXAM	8:56 a.m. – 10:24 a.m.





Eppler Junior High School

CELL PHONE/DEVICE POLICY

Throughout Entire Building at All Times, Including Before and After School

NO Pictures

NO Phone Calls

NO Texting

NO Social Media

***This includes Kik, Snapchat, Instagram, and ALL others

During School hours 8:00 - 2:51pm

Cell Phones/Electronic Devices must be placed in lockers for the entire school day and may not be used during the school day for <u>ANY REASON</u>.

Cell Phones/Electronic Devices <u>ARE NOT</u> allowed to be taken out of lockers during the school day, except for early release or permission from administration.

Cell Phones/Electronic Devices ARE NOT allowed in the lunchroom.

If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

1 st Time — 2 nd T	ïme ———	3 rd Time	4 th time
 Taken to Office Parent must pick up Af 	aken to ffice arent must ck up fter-School etention	 Taken to Office Parent must pick up Saturday School 	 Taken to Office Parent must pick up One-Day Suspension Phone banned from building

Note: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device. The student assumes full responsibility and brings the device at their own risk.





EVERY student must WEAR his or <u>her</u> student ID while on school grounds.

- · Student IDs must be worn and visible at all times.
- Student ID must be presented to any school staff member or person of authority upon request.
- The front and back of the ID cannot be altered. Defacing or altering the student ID is prohibited.
- · Wearing another student's ID card is prohibited.
- · Lost, stolen, altered, damaged, and/or defaced ID cards must be replaced immediately.

Students who fail to adhere to the above are subject to an <u>after school</u> detention and replacement fee.

\$5 ID REPLACEMENT for lost/broken IDs

3 times without ID = detention

6 times without ID = automatic \$5 ID replacement & Saturday School

If you are caught not wearing your badge in school 6 or more times, another badge will automatically be printed, and a \$5 fee will be placed on your student account to be paid. (EVEN IF YOU ALREADY HAVE A BADGE)

** Students who are insubordinate or persistently disobedient are subject to further school consequences.

Lunch Deliveries : **REMINDER**



Food Deliveries: Food that is delivered by a service such as Door Dash or Grub Hub will not be permitted at Eppler. due to school safety concerns and the disruption to the school day, we cannot accommodate such deliveries. we ask that all students bring their own lunch or buy a lunch from the cafeteria. If a student forgets their lunch, they may borrow against their lunch account in the cafeteria, or a parent may drop off a lunch for their

student. However, if the food dropped off is from a restaurant, the student will be asked to eat it in the Main Office during their lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click <u>here</u>.

Thank you for your understanding and we appreciate your support.

Dress Code Rules - REMINDER

Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

Student Drop-off after 7:20

Parents, please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2023-2024 school year.

UCS Handbook

Lost and Found

Please stop in the Counseling Hallway to check out the selection of Lost and Found items.



School Safety

Safety remains a priority for our school. Eppler Junior High School is once again providing training to our students and staff on our safety protocols. The protocols identify actions that students may be asked to take in the event of a potential incident: hold, secure, lockdown, evacuate and shelter.

The protocols will continue to be part of the training while practicing our regular school safety drills, such as fire drills, security drills, tornado drills, evacuation procedures, etc.)

The video is available for you to review at this link: <u>UCS School Safety: Standard Response Protocol – Junior High -</u> <u>YouTube</u> If you have any questions, please contact our office.



Shadowing visits for the IB Program

Can you believe it? It's time to start planning for the 2024-2025 school year. If you have an 8th grader who is interested in attending Utica's IB Program at GLK-UAIS, we are now offering shadowing! Please complete this form: <u>https://forms.office.com/r/ziyv7kKTCE?origin=lprLink</u> to sign up. Shadows are limited to 3 spots per day, so be sure to secure your spot for a shadow opportunity today!

- Dates for shadowing visits will be available beginning on November 1, 2023. Shadowing ends March 15, 2024.
- After submitting your shadowing request, our staff will contact you within a week about confirming a date and provide more information about the process.

Eppler & Utica Sports

7th / 8th Grade Track

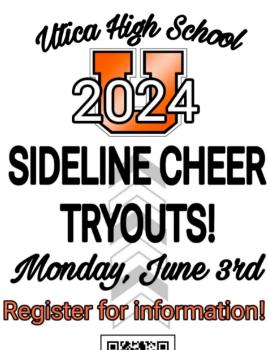
**REVISED 4/15

Eppler Track Meets- 2024

Date	Opponent	Time	Site	Grade
Tues. April 9	vs. Shelby	4:00pm	Ford	7th AND 8th
Fri. April 19	vs. Davis	4:00pm	Ford	7th AND 8th
Fri. April 26		Team Picture	e Day!	
Wed. May 1	vs. Bemis	4:00pm	Ford	7th AND 8th
Tues. May 7	vs. Jeannette	4:00pm	Ford	7th AND 8th
Tues. May 14	vs. Malow	4:00pm	Eisenhower	8th
Thurs. May 16	vs. Malow	4:00pm	Eisenhower	7th
Tues. May 21	vs. Heritage	4:00pm	Ford	7th AND 8th

ALL MEET DAYS ARE SUBJECT TO CHANGE

UHS Sideline Cheer





UTICA FRESHMAN FOOTBALL MEETING

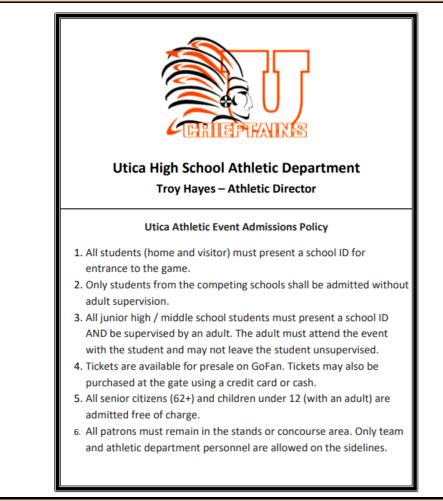


Wednesday, May 29th @ 3:45 pm In the Utica High Weight Room

For all incoming 8th graders from Jeannette, Eppler, & Shelby interested in playing football in 2024

Utica Summer Camps K-12





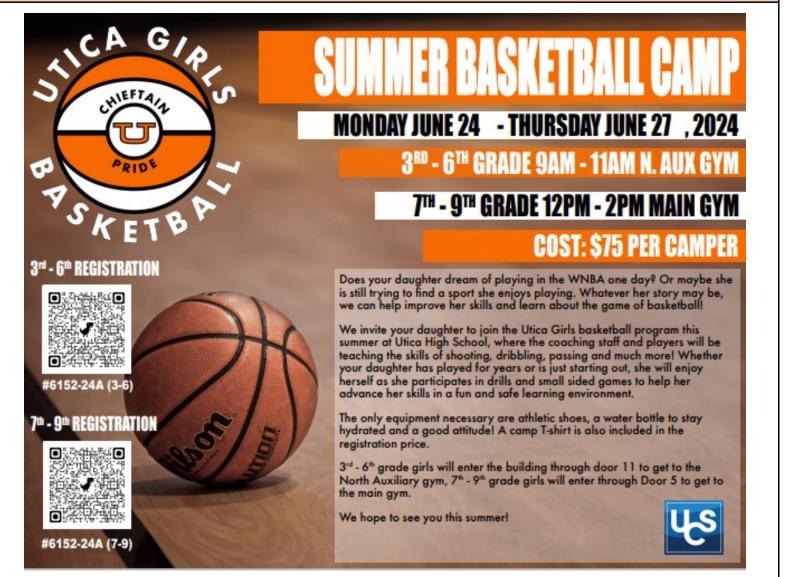
UHS Conditioning / Open Gym **FRESHMEN**





M53 coaches and some members of the Utica-Eisenhower Boys Lacrosse club will run the clinic.

Basketball Camp



Reward Programs

Calling All Shoppers!

Eppler has a reward program at Kroger. All you have to do is shop, swipe your card, and Eppler gets cash back! The Kroger Community Rewards program makes fundraising easy by donating based on the shopping you do every day. Once you link your Card all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how :



- Go to www.krogercommunityrewards.com
- Click Sign in the upper right-hand corner
- Put the email address and password used to enroll your card
- Go to "Savings & Rewards", then "Kroger Community Rewards", I'm a Customer"
- Enter the group number EJ598 or search Eppler Junior High School
- Click on the organization then click "Enroll"

NJHS – Planet Green Fundraiser



Thank you to all who have donated to Planet Green! We have raised over \$400 over the last couple of years by recycling used ink cartridges and electronics! Planet Green is no longer accepting used electronics. They are only accepting ink cartridges. Please continue to send those into Mrs. Byron in room 19! Thank you!

NJHS is doing a yearlong fundraiser with Planet Green. Please send in Inkjet cartridges (NO toner or laser cartridges) to room 19. NJHS sends them to Planet Green, and then Planet Green sends Eppler a check! This fundraiser helps the environment and our school! NJHS members can receive one hour for every 5 items, but everybody is encouraged to participate!

Eppler Clubs & Organizations

Cultural Diversity Club

Have you ever felt different? Like you don't fit in?

You're not alone. Which is why Eppler Student Advisory Board is sponsoring the new ... Cultural Diversity Club!

The Cultural Diversity Club is all about inclusion, open mindfulness, and advocating for misrepresented groups. In this club, we'll have monthly after-school meetings that showcase different cultures and give students opportunities to learn and show off their cultures. But culture is not just ethnicity, it's who you are as a person, what makes you, you. That includes hobbies, personal identity, beliefs, and more. Our goal is to give students a safe and welcoming place to express themselves, have people to relate to, remove negative stereotypes about certain groups and to have fun!

We welcome every student at Eppler to attend, even if you're unsure what culture you identify with.

If you are interested in joining, then come to our first meetings after school at 2:15 in Room 117! Hope to see you there!

> March 20 April 24 May 22



Eppler Parent Involvement Committee (EPIC)

The following is a list of dates and times of the Eppler Parent Involvement Committee (EPIC) meetings throughout the school year. All parents are invited and welcome to attend. All meeting will be held in the Media Center from 9:00—10:00 am. We look forward to seeing you!

Monday, September 25 Tuesday, October 24 Tuesday, November 14 Wednesday, December 13 Tuesday, January 23 Wednesday, February 28 Monday, March 18 Tuesday, April 23 Tuesday, May 21

9th Grade NJHS Members

<u>Current 9th grade NJHS members:</u> Meeting Dates for this year are listed below. Meetings are MANDATORY per NJHS guidelines. If you miss 2 meetings, you may be removed from NJHS. If you are sick or have proper documentation, this does excuse you from a meeting however, you need to communicate with me that you will be missing a meeting. Meetings will be **AFTERNOON ONLY** this year from 2:11pm to roughly 2:35pm. Make sure that you are checking our schoology page regularly for updates. Please contact me at scarlet.gleason@uticak12.org if you have any questions.

Thursday, April 11 Thursday, May 23

EPPLER JUNIOR HIGH

AFTER-SCHOOL HOMEWORK CLUB

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tuesdays and Thursdays** from 2:20 PM to 3:20 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:20 PM. <u>Please be</u> <u>advised that if a student comes to Homework Club with nothing to work on, he/she will not be</u> <u>admitted to Homework Club that day</u>. All students will be expected to remain in the Media Center until 3:20 PM. Students will need to sign <u>in</u> each day that they participate. Students need to arrange for their own transportation home.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: April.Raupp@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).



My child, (please <u>print)</u>, grade _____, has my permission to participate in Homework Club. I understand that it is my responsibility to provide transportation for my child at the end of the session. <u>My child understands that it is his/her responsibility to arrive on time, to bring all necessary materials to the Media Center, and to be prepared to work.</u> My child also understands that Eppler Junior High school rules apply and will be enforced. Misbehavior can lead to dismissal from being a participant in the Homework Club. Students will sign in, and if I ever want to verify my student's attendance, I will contact my child's school counselor.

Parent/Guardian Signature:	Date:
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Student Signature:

Chess Club is starting up again! Our first meeting is September 25 in Mrs. Byron's room, 19. We will meet from 2:15-3:15. Please make sure your student is picked up by 3:20. You can pick up an informational flyer in Mrs. Byron's room.

Eppler Elephants Chess Club

"We stomp on our competition"

Teacher Advisor: Mrs. Byron renee.byron@uticak12.org

<u>Coaches:</u> Braden Cheung and Marwan Hassan <u>CheungB@stu.uticak12.org</u> <u>HassanM1@stu.uticak12.org</u>

When: Mondays after school from 2:15-3:15 in room 19 beginning September 25

Braden and Marwan will teach you how to play chess, and if you already know how, they will show you various techniques to elevate your game (and your chess rating!)

Please return the bottom portion of this form.

Student:	Grade level
Parent:	parent phone
Student's chess background:	

please make sure that your student is picked up at 3:20. We will dismiss chess club at 3:15

District News

Babysitting Camp



PowerSchool/Text Messaging Service

PowerSchool- Click here to go to the district's PowerSchool website

Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

To login, visit: http://ps.ucs.misd.net/public

Due to an update to PowerSchool, parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login. Please follow these directions to update your password.

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: Create a Parent Portal Account

Helpful Tips for our PowerSchool Parent Portal: <u>Click here for info on how to reset your password.</u>

PowerSchool Mobile App:

1. Download the PowerSchool Parent App through your device's <u>GooglePlay</u> or <u>Apple App Store</u>.

2. Enter the UCS district code: NKDJ (all capitalized)

3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool questions.

Text Messaging Service

Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents. The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/bt for more info.



Monday, May 20	Thursday, May 23
Chess Club Room 19, 2:15—3:15	 Student Council End of the Year Party 2:15 Room 107 AP Computer Science Principles Testing Media Center 8:00 – 11:31 am AVID Career/Game Day Event at Jimmy John's Field 9:00 am – 2:30 pm
Tuesday, May 21	Friday, May 24
 7th/8th vs Grade Track vs Heritage (Ford Track) 4:00 pm Epic Meeting MC Conference Room 9:00 - 10:00 am STATIC Meeting Room 136 2:20 pm Tape The Principal to The Wall Fundraiser Event Main Gym 6th Hour 	Spirit Day: Red, White & Blue Day
Wednesday, May 22	Saturday, May 25
 Diversity Club Meeting, 2:11 pm Ms. Grammatico's room, Room 120 	None.
	Sunday, May 26
	• None.

<u>Click here</u> to view the 2023-2024 District Calendar

District News

What students and parents are saying...

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"

"The yelling has stopped and the talking has started."

"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

Resources:

Macomb County Crisis Center: 586-948-0222

National Suicide Prevention LIFELINE: 800-273-TALK (8255)

Alateen/Alanon Family Groups: 800-813-3105

Affirmations (L.G.B.T.Q.): 248-398-7105

Family Youth Interventions/Youth Sheiter: 586-465-1212

Polson Control Center: 800-222-1222C Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

Substance Abuse Prevention websites:

www.mcosa.net www.abovetheinfluence.com www.thetruth.com www.drugabuse.gov



Main Office 31900 Utica Road Fraser, Michigan 48026

586.541.CARE (2273) www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen resiliency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977. CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and awardwinning behavioral health nonprofit rooted in the community, CARE revides real-life solutions from early childhood to adulthood so we can live healthic lives.

> CARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office If Substance Abuse, Macomb County school distric state, federal and other private dollars.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utics Road, Fraser, MI 49026, (Selo 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48900.



Youth and Family Programs

Visit www.careofsem.com for locations, times and dates for all programs.

Peaceful Alternatives to Tough

STUDENT ASSISTANCE



CARE invests in youth by working with the community, school personnel and parents to promote the healthy development and education of young people.

CORE SOUTHEASTERN MICHIGAN



CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- settings?
 Have you noticed a change in your
 childs/student's behaviors and/or
 attitudes?
- Are you concerned that your child/ student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience officulties. Student Assistance offers students and their families guidance and support.

Student Assistance Clinicians specialize in atrisk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their ramity. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

Situations (PATTS): An educational series to help youth (emotions in appropriate ways by un

emotions in appropriate ways by understanding heir own resources and developing their own plan of action with skills that really work! • Parent participation required

Teen Intervene:

Power of Drugs and Alcohol is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use al calcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and the inguistance of establishing family rules regarding alcohol or other drug use.

Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personia regrossibility (drougs niculae early childhood (ages 0-5), school age (ages 6-12) and teams (ages 13-18). A book for the appropriate agr aroun is comiles.



INDEPTH:

NDEPTH is the American Lung Association's Intervention for Nicothne Dependence. Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use. Including e- cigarettes. NDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicother dependence. establishing healthy alternatives and making the change to be free of all tobacco products, including e- cigarettes. INDEPTH is led by a trained. CARE facilitator either one-on-one or in a group setting.

Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are not alone, identify and process feelings, how to be safe, celebrate themsetves, how to be asfe, celebrate themsetves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

Teens Talking Truth:

1³ participates in social events, community service opportunities, and workshops that address the challenges of today's youth, with a primary locus on alcohol, todayce and other drug prevention and a healthy teen lifestyle. 1³ also works to get ind of the myth that all teens require drugs or alcohol to have funt.



Care Solace

If you or a family member are looking for help with mental health or substance use, Care Solace can help you quickly find treatment options matched to your needs regardless of the circumstance. Care Solace is a complimentary and confidential service provided to students, staff, and their families by Utica Community Schools.

The Care Solace team is available 24/7/365 and can support you in any language.

If you would like to use Care Solace to help you find a provider:

- Call 888-515-0595 (available 24/7/365)
- Search on your own OR click "Book Appointment" for assistance by video chat, email, or phone via caresolace.com/Utica.

Disclaimer:

Information on individual treatment providers was gathered by Care Solace based on criteria such as geographic proximity, whether the provider accepts the authorized user's insurance, and whether the provider is accepting new patients. The school district does not recommend, endorse, promote, or refer to any of the individual treatment providers.

UCS Wellness

Utica Community Schools works to support the physical, mental and social-emotional development of all students. Our wellness pages contain a variety of resources for students, teachers, staff, parents and community members. Check out the UCS Virtual Calming Room, Wellness Podcast and Monday Moments, and more at: www.uticak12.org/UCS Wellness





Students and staff can access their Virtual Library account located on their ClassLink dashboard. The Virtual Library Card gives students access to digital resources from the local library and the virtual library card - Tutor.com provides online tutoring and homework help for students.



3. Enter in your Virtual Library Card number and pin

Virtual Library Card number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)



4. Click Sign in



Sterling Heights Library	Shelby Township Library	Utica Public Library	Clinton-Macomb Public Library
Bemis	Beacon Tree	Eppler	Beck
Browning	Crissman	Flickinger	Ebeling
Burr	Duncan		
Collins	Eisenhower		
Davis	Malow		
DeKeyser	Monfort		
Dresden	Morgan		
Graebner	Roberts		
Harvey	Shelby		
Havel	Switzer		
Henry Ford II	Utica High		
Heritage	West Utica		
Jeannette	Wiley		
Messmore			
Oakbrook			
Plumbrook			
Schuchard			
Schwarzkoff			
Stevenson			
UAIS			
Utica Alternative Learning Center			
Virtual School (Elementary, Junior			
High, High School)			

FREE Online Tutoring

Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select Virtual Library Card Tutor.com (the orange icon with the letter "t" on it).
 - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
 - Barcode: ucs########## (ucs followed by PowerSchool number)
 - Your password is your 2-digit birth **month** and 2-digit birth **day** (example 0408 for April 8)
 - Choose GET A TUTOR NOW. If you want a short tutorial on how the site works, you can select Take the tour.

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CONNECT WITH A TUTOR

Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

CHAT WITH YOUR TUTOR

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.

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Tutoring

Virtual Library Card – Tutor.com

 Click on the Virtual Library Card Tutor.com icon from the ClassLink dashboard.

2. Enter in your Virtual Library Card Tutor.com number and pin

Virtual Library Card Tutor.com number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)

Would you like to save your login?

	Virtual Library Card - Tutor.com(Suburban) You can save your login for this application to auto login on your next visit
Fields marked	as * are required
* Barcode	
UCS1000	023456
* Password	
0923	
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4. Click Save



UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same <u>brand named</u> products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.
- Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.
- Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

"Hey Alexa, what's for lunch?"

UCS's School Menus are digitally accessible on all devices as well as Amazon's Alexa!

Customize, view and print all school menus by clicking here or

visiting https://uticak12.nutrislice.com



All meals are free this year thanks to the Michigan School Meals law. Students that would like to be eligible for benefits, such as pay-to-participate sports, college entrance/AP testing fees, summer EBT cards and more need to complete the Eligibility Benefits Form or the School Meals and Summer EBT Form. These forms are available at https://utica.familyportal.cloud.

Allergens Form

We take food allergies and student safety very seriously. If your student has any food allergies, please have your physician fill out the MDE Dietary Needs Form and return it to the food service office. <u>MDE Special Diet Form.</u>

1- You must fill out a physician signed MDE Special Needs Accommodation form and send it to the Food Service office. Without this, we cannot make any accommodations. Please make sure to be specific with regards to the allergy (Example: all dairy or just fluid milk intolerance, etc.)

2-Because allergies can change, you MUST fill out a new form EVERY YEAR.

3- You must indicate to your child's school which days and which menu item you would like at least 48 hours in advance. We will not automatically have these available if we do not hear from parents in advance.

4-A vegetarian and nut free options are available every day, so please see the regular menu.

5-Juice or water are not acceptable substitutes per USDA guidelines. At this time, we have Kikkoman Soy milk as a substitute. You're welcome to send in your own milk with your child if they don't like it.

6-We will do the best we can to accommodate other requests but there may be some limitations. For questions, please call our food service office at 586-797-1180



In Case You Missed It

Back To School

Thank you staff, students and parents!! We had a fun and successful first week at Eppler.



Staff Lounge Make-Over

A huge thank you to our EPIC parent group for the Staff Lounge make over.



















Thank you to our football, volleyball, and student council members for participating in the annual Homecoming Parade. Beautiful weather, fun times and great memories for all.



Each month staff members nominate kids they catch doing random acts of kindness. These are students who are not being asked to do anything, they just graciously do it out of the goodness of their hearts. Then once a month the counselors go into the classrooms and reward these students for their kind gesture. This months nominees were:

Tommy Mercario, Alexander Moore, Aleyna Margilaj, Layleigh Monroe, Madilyn Backus, McKenna Jordan, Tristan Taepke, Justin Nrecaj, Charlie Hinton, Hope Jasmund, James Bishop, Karly Ingals, Gavin Camp, Jaxson Readett, Jacob Koja, Christian Priester

Thank you to all of the nominees and keep up the kindness

Chieftain of the Month

Congrats to our September Chieftains of the Month!

Alexander Sesi, Joshua Hayes, Justin Nrecaj, Tristyn Taepke, Christian Wilson-Hardwick, Peyton Combs, Gabriella Still, Samantha Gott, Emma Stone, Alyssa Martin, ,Karly Ingalls, Kylee Backus



Congrats to our October Chieftains of the Month!

Brendan Antias, Nicholas Wright, Christian Toye, Michael Long, Charlotte Orlowski, America Gonzalez, Sophia Zdravkoski, ,Victoria Gjekaj, Jozlynn Schroeder, Malgorzata Ojrzynska, Olivia Blumke, Madelynne Quinlan



Great Job Everyone!

Thank you

The Eppler staff would like to give BIG thank you to our EPIC Group for supplying the "Tailgate Dinner" coordinated by Ms. Bluhm and Ms. Mansfield.



Thank You!!!

The Eppler staff would like to give a BIG thank you to Ms. Bluhm and Ms. Mansfield for putting together the pizza lunch for staff prior to the October 13 conferences. We would also like to thank Sam's Sorrento's Pizza in Utica for their generous donation of all the pizza.









Kindness Branches Out

Students and staff signed their name to a leaf pledging to be kind to one another and attached it to our kindness tree. The beautiful tree was created by Evelyn Urban and Daniella Najar.





Students colored placemats with positive messages which were donated to a local Meals-On-Wheels program to give to their special clients.



<image>

Each day staff and students were asked to dress up in a kindness theme. Thursday's participants wore their favorite music artist/band t-shirt to show KINDNESS ROCKS! Good job everyone!

Dress Up Days





Door Decorating Contest

All 4th hour classes were given the challenge to decorate their classroom door in a design that promotes kindness. The three classrooms below won a pizza party. All of the doors were awesome!







Rooms 113/114

Room 134

Room 117



Guest Speaker

To start off our Kindness Matters Week, students saw a presentation by motivational speaker and magician, Anthony Grupido.



Students were able to color and fill out notes of appreciation for teachers and other school staff which were then delivered.



Special thanks to the AVID students who helped out!



Caught Being Kind



Each month staff members nominate kids they catch doing random acts of kindness. These are students who are not being asked to do anything, they just graciously do it out of the goodness of their hearts. Then once a month the counselors go into the classrooms and reward these students for their kind gesture. This months nominees were:

Carter Czapski, Jayden Washington, Dominic Toth, Mateo Pipetone, Presley Orlowski, Audrey Hinton, Brooke Maffetone, Manuel Yaldo, Hunter Brockway, Abby Luzier, Eva Normandin, Evelyn Urban, Daniella Najar, Farah Hami, Afra Lopez, Maria Martinez, Melanie Macias-Gonzalez, Anthony Camilleri, Cassidy Smiley, Jackson Jolly, Ella Lobb, Carl Ventimiglia, Denise Acebedo, Veronica Timmons, Michael Long, Lilian Boskovich, Jacob Koja, Jayden Washington and Derrick Keehn

Thank you to all of the nominees and keep up the kindness

Chieftain of the Month

Congrats to our November Chieftains of the Month!

Carter Smith, Jaydon Washington, Jayden Fuller, Jose Gonzalez, Noah Karrandja, McKenzie Boyd, Alie Garrett, Emerson Hansen, Cassidy Smiley, Megan Dziadzio, Eva Normandin and Abigail Luzier



Thankful Thursday

The Eppler staff would like to give another BIG thank you to our EPIC Group for supplying a Thankful Thursday lunch coordinated by Ms. Bluhm and Ms. Mansfield, Ms. Blash and Mrs. Panoff.







2023 HALLOWEEN COSTUME CONTEST



Above: Teachers' choices from each class selected to move on to the final judging

Below: Final Winners !! Each winner received a coupon to the Chieftain Corner Store for one item of their choice.



Caught Being Kind



Each month staff members nominate kids they catch doing random acts of kindness. These are students who are not being asked to do anything, they just graciously do it out of the goodness of their hearts. Then once a month the counselors go into the classrooms and reward these students for their kind gesture. This months nominees were:

> Danny Chang, Josie Carlson, Nicholas Alam, Austin Manni, Lauryn McConachie, Jayden Washington, Elizabeth Azou and Justin Ncraj

> > Thank you to all of the nominees and keep up the kindness

Chieftain of the Month

Congrats to our December Chieftains of the Month!

Landon Davis, Rawlin Keyes, Charles Hinton, Camdyn Griffin, Magdalena Anceski, Isabella Gappy, Kendal Abro, Madelynne Gabridge, Madison Eichmann, Madeline Kraft, Layleigh Monroe, Stella Urgquhart



Toys for Tots



Thank you to all of our generous families who donated to this years Toys Tots. We collected over 100 toys.!!



Congrats Eppler Cheer!!!!!

Eppler Jr High cheer had a great weekend at the Shorian invite! They took a strong 2nd place finish amongst eight other teams. We are so proud of their accomplishment! They will compete again February 9th 5:00pm at Stevenson high school





Chieftain of the Month

Congrats to our January Chieftains of the Month!

Giovanny Mendoza, Nicholas Johnson, Jacob Margiewicz, Aaron Paul, Troyee Ray, Denise Acebedo, Evelyn Urban, Maria Yousif, Adela Tuci, Rachel Brown, Milena Jackman and Brooke Maffetone

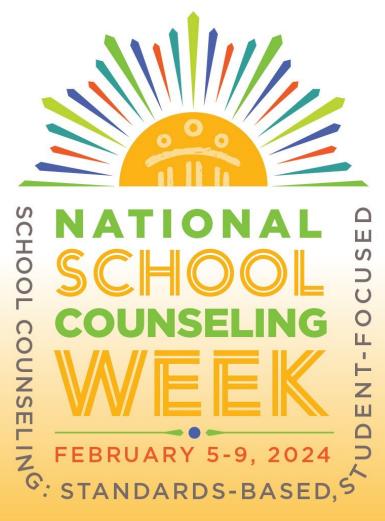


Eppler Band

On Saturday, members of the Eppler Band participated in the MSBOA Solo and Ensemble Festival at Rochester High School. The students played instrumental solos and small ensembles for music judges. All of our students who participated received 1st Division ratings! Congratulations to 8th Grader Adrian Flattery, and Freshmen Anthony Camilleri, Nathan Siegert, Adam Hickman, Cassidy Smiley, and Lilly McNair!

Counseling Week





8th Grade Boys Basketball



The 8th grade Eppler boys basketball team capped off a championship season with a 58-43 win against Davis. The team finished 10-2 overall and 6-0 at home. They ended the season on a 8 game winning streak. They were proud to cut down the nets as District Champs! Congratulations on a great season boys! You will always be a great part of Eppler history.



2024 Art Show

Over a thousand pieces of art were entered into the 2024 Macomb County Secondary Juried Student Art Show and only 300 pieces were chosen to be exhibited. 21 works of art were by Eppler students!!! Please congratulate the following students for having their artwork selected in this prestigious event.

Emmerson Hansen, Emma Blash, Mackenzie Kraft, Sylvia Szatkowski, Denise Acebedo, Mara Mariam, Adela Tuci, Kylie Brendel, Merrick Kustarz, Payton Fertik, Rachel Brown, Riya Patel, Samantha Gott, Alejandra Carrera, Daniella Najjar

Clinton River Watershed Council Visit



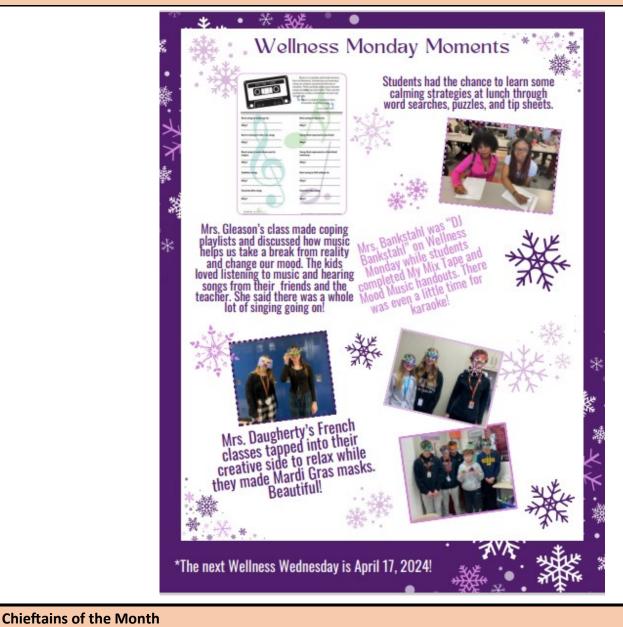
As part of a unit on ecology and conservation, 9th grade science students were able to speak with a representative from the Clinton River Watershed Council (CRWC). Students were provided information about the Clinton River Watershed Council, what its goals are and how they are working to conserve different areas within our local watershed. Information was also presented about ways students can get involved with these types of projects and things to consider if this is work that interests them in the future. A big thank you to the CRWC for

Utica Wrestling



Eppler freshman, Merrick Kustarz, along with Utica High senior teammate, Hunter Thomson, placed at their regional wrestling meet and qualified to move on to the State Finals at Ford Field this weekend. Good luck, gentlemen!

Go Chieftains!



Congrats to our February Chieftains of the Month!

Vincent Larkins, Jayden Gagne, Ranvir Kumar, Basam Berdi, Austin Hall, Enzo Gaffiero, Adrianna Battisti,

Camila Potter, Landen Bailey, Makenna Bliskey, Shyla Cheateum,, Emma Bozek



This past Saturday, the 8th and 9th Grade Band performed at the MSBOA Band Festival at Dakota High School. The band received a 1st Division rating from the judges. Congratulations to all our band members!



Computer Science Discoveries

CSD SPHERO BOLTS

STUDENTS IN MRS. MATTEO'S COMPUTER SCIENCE DISCOVERIES CLASSES SPENT TIME LAST WEEK LEARNING TO PROGRAM WITH SPHERO BOLTS. A SPHERO BOLT IS A PROGRAMMABLE ROBOT BALL THAT YOU CAN DRIVE AND CODE WITH TEXT OR BLOCKS, USING THE LANGUAGE JAVASCRIPT. STUDENTS HAD TO COMPLETE SEVERAL CHALLENGES WITH THEIR SPHERO'S, INCLUDING MAKING THEIR ROBOT DRAW VARIOUS SHAPES AND CODE IT THROUGH A MAZE. OVERALL, THE STUDENTS WERE CREATIVE AND HAD FUN WHILE LEARNING TO CODE! Mrs. Markus & Mrs. Gleason are lucky ducks with students like this! Avid 7 & 9 students spent "Fun" damental Friday recreating a rubber duck with playdoh. Students picked a duck randomly and had only 20 minutes to create their replica. There were a lot of laughs and impressive artwork. This activity touched on AVID WICOR strategies of Inquiry, Collaboration and Organization. Great job AVID 7 & 9! We can't wait to the ducks AVID 8 comes up with next week!

































AVID

Macomb County Art Show



MACOMB COUNTY ANNUAL ECONDARY STUDENT SHOW

THE ANNUAL COUNTY-WIDE JURIED SECONDARY STUDENT ART SHOW FOR GRADES 7-12

Presented by Extra Credit CUNION

....

OPEN MARCH 9 APRIL 13, 2024

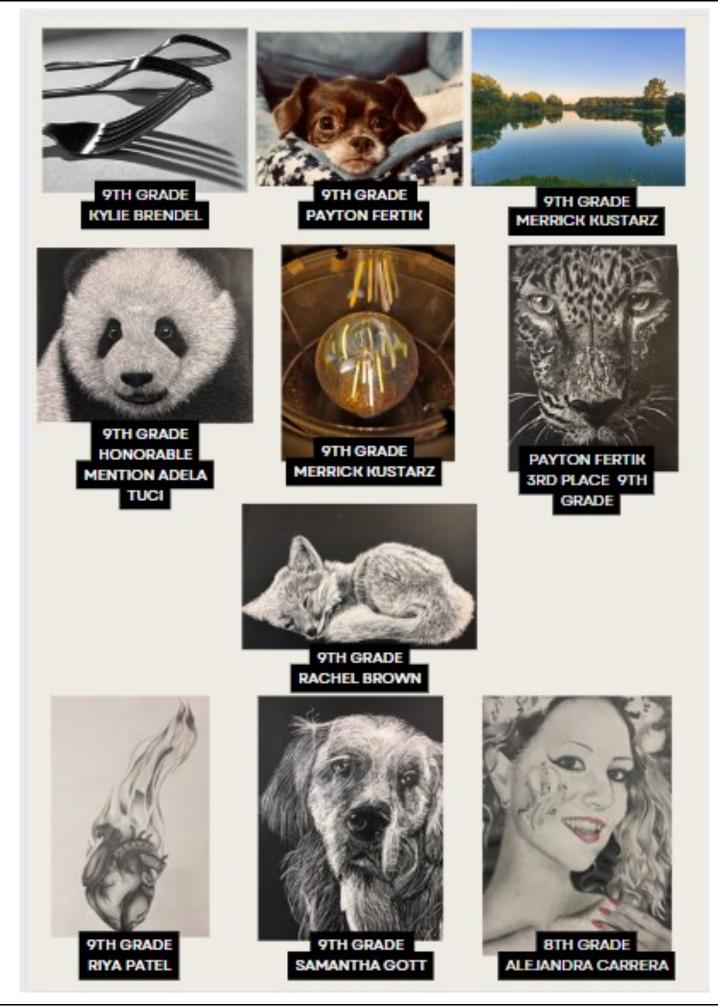
Opening Reception & Awards Ceremony on Saturday, March 9, 1-3pm Grades 7-9 announced at 1:30pm and Grades 10-12 announced at 2:30pm

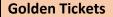
ANTON ART CENTER Tuesday - Saturday from 10am-5pm, Select Sundaya, Closed Mondaya 125 Macomb Place, Mount Clemens, MI 48043 (588) 469-6866 - Informationgtheartcenter.org

www.theartcenter.org f @ 💥 🚥 in











Science Olympiad News

Eppler's Science Olympiad Team participated in the Regional Competition this past Saturday. Lilly McNair won third place in Forestry, and Arya Bidja and Michael Deek won sixth place in Reach for the Stars. Congratulations to the entire team for their hard work!

Chieftains of the Month

Congrats to our March Chieftains of the Month!

Mariana Bleck, Merrick Kustarz, Adam Hickman, Grace Ealy, Carsan Peterson, Aliya Taylor,

Rose Mader, Samantha Manna, Jack Kline, Nicholas Alam, Josie Carlson and Emma Mai



MSBOA State Solo & Ensemble

This past Saturday, members of the Eppler Band participated in the MSBOA State Solo & Ensemble event at Rochester High School. Freshman Adam Hickman earned a 2nd Division rating for his trumpet solo. Freshman Nathan Siegert earned a 1st Division rating for his alto saxophone solo. Freshmen Cassidy Smiley and Lilly McNair earned 1st Division ratings for their trumpet solos and their trumpet trio event. Congratulations to all!

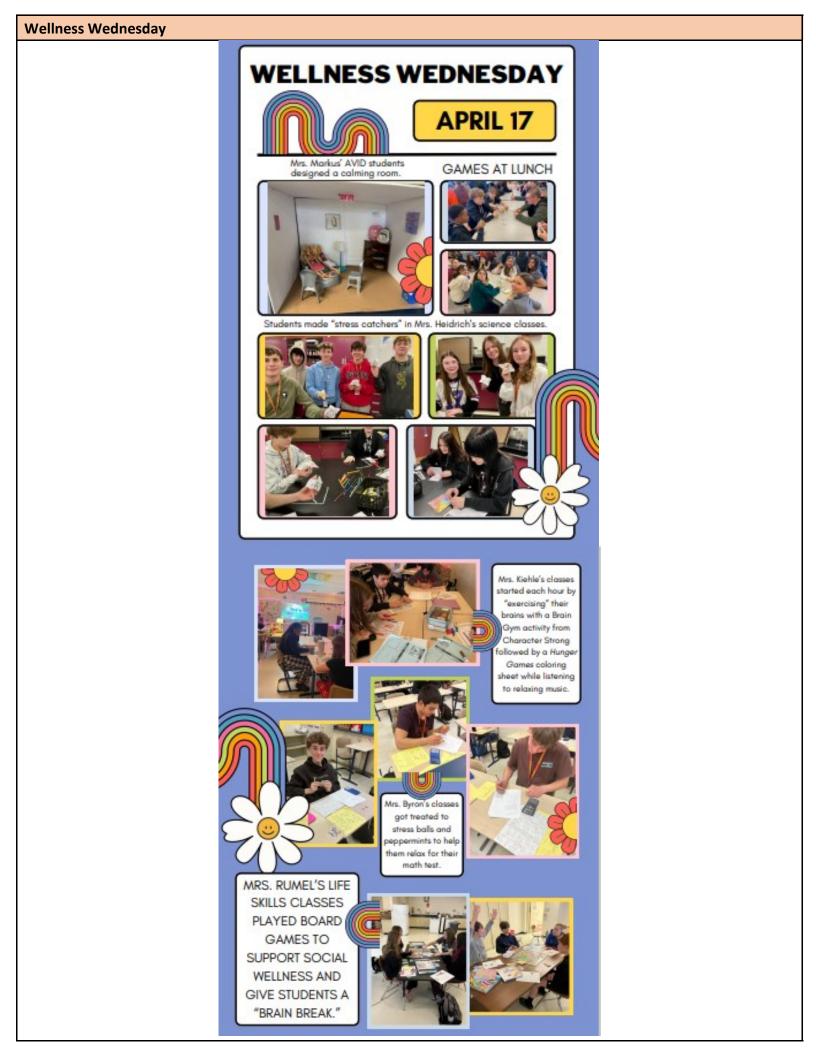
Pep Assembly

22.34

SHELBY

SPRING PEP ASSEMBLY

DODGE BALL PIE THROWING BOTTLE FLIPPING MUSICAL CHAIRS



Congrats to our April Chieftains of the Month!

